

May 2026

FMFCU Adult Financial Education Workshops

All workshops are live. Anyone who registers and is unable to attend will receive the recording and resources.

Keys to Your First Home: Mortgages, Grants and Forgivable Loan Options for First-Time Buyers

5/7/2026 | 12:30 PM

Thinking about buying a home but unsure where to start? In this webinar, we'll review a variety of mortgage products beyond FHA for first-time home buyers, address down payment misconceptions, and explore grants and forgivable loan options to help make your dream of homeownership a reality. **Plus, if you haven't owned a home in over three years, you may be considered a "new homeowner" for several assistance programs.** Let us help unlock the doors to your first home with the right knowledge and resources!

[REGISTER NOW](#)

Understanding Medicare*

5/12/2026 | 6:00 PM

Understand how Medicare works and how it fits into your retirement income plan. This webinar will cover the key differences between Medicare parts A, B, C, and D, provide tips for choosing the right coverage, how to enroll, and help you plan for health care costs in retirement.

[REGISTER NOW](#)

Strategies for Overcoming Debt: Take Control and Break Free

5/20/2026 | 12:30 PM

Feeling overwhelmed by credit card bills, student loans, or medical debt? In this webinar, gain practical tools and proven strategies to tackle debt head-on. Learn how to pay down what you owe faster, cut finance charges, and maintain a healthy credit score—all while creating a clear, manageable path to financial freedom.

[REGISTER NOW](#)

Mindful Money

5/26/2026 | 12:30 PM

Employing mindfulness techniques can bring peace and balance to practitioners' lives. In this webinar, learn mindfulness skills to help improve money habits, reduce overspending and financial-related stress. We will touch on topics such as the "Coupling Phenomenon" and "Prospective Accounting", and how to avoid gamification spending.

[REGISTER NOW](#)

***These events will not be recorded, and I cannot guarantee I will get an attendance list due to registration being handled externally.**